Turtle Cove
surf camp & yoga lounge

TOFO YOGA CLASSES

14 – 23 DECEMBER ’16

	6:30 – 8:00	8:30 – 9:45	16:15 – 17:30	18:00 – 19:00
WEDNESDAY	**Melanie**	**Moshe**	**Moshe**	**Michelle** **TRIBAL FUSION** **19:15 – 20:30**
THURSDAY	**Melanie**	**Michelle** **VINIASA FLOW**		**Melanie**
FRIDAY	**Melanie**	**Michelle** **ASHTANGA**	**Moshe**	**Melanie**
SATURDAY	**Melanie**	**Moshe**		**Melanie**
SUNDAY	**Melanie**	**Michelle** **VINIASA FLOW**	**Moshe**	**Melanie**
MONDAY	**Melanie**	**Moshe**	**Moshe**	**Melanie**
TUESDAY	**Melanie**	**Michelle** **VINIASA FLOW**	**Moshe**	**Melanie**
WEDNESDAY		**Moshe**	**Moshe**	**Michelle** **TRIBAL FUSION** **19:15 – 20:30**
THURSDAY		**Michelle** **VINIASA FLOW**	**Moshe**	

*** Next schedule from Thursday, 22 December evening classes will be posted shortly.**

YOGA CLASS PRICES: **Locals:** **250 Mets per class**
Tourists: **500 Mets per class**

Tofinho / Inhambane / Mozambique
Mobile: +258 84 731 2027 / +258 82 719 4848 / SA: 082 563 9744
Email: Nelia@turtlecovetofo.com / Website: www.turtlecovetofo.com