

# **2018 YOGA RETREAT SCHEDULE**

Melanie Castleman + Stephen – Yoga Works	25 March – 01 April 18	Vinyasa & Forest Yoga
Ticket to Ride Learn to Surf	01 – 15 April 2018	Learn to Surf
Lennie Siesling Or join just in Tofo	27 April – 07 May 30 April – 07 May	Yoga Safari Vinyasa Yoga & Yin Yoga
Wild Women & Womb Awareness Dolphin retreat With Nelia Tasioulas	10 – 13 May 2018	Ponta Malangane Woman's retreat & Swimming with Wild Dolphins
Yo Yoga 200H Teachers Training	20 May – 20 June 2018	Vinyasa Yoga 200H Teachers Training
Kundalini Yoga with GURU RAM DAS Yoga Studio	29 June – 07 July 2018	Kundalini Yoga Retreat
Sally Flanagan-Gutjahr – Go Yoga Jozi	13 – 20 Aug 2018	Family Yoga Holiday
Michelle van Straaten	24 – 30 August 2018	Vinyasa flow retreat
Olivier David	September 2018 (Dates to be advised)	Mysore Style Ashtanga Yoga
Melanie Castleman	15 – 23 Dec 2018	Vinyasa & Forest yoga